HOLDEN TRAINING
HELPING TO SAVE LIVES

qualsafe
registered centre
Centre No.: 906307

Qualsafe Level 3 Award in Emergency First Aid at Work (RQF)

1 day course | Ofqual regulated | Certificate valid for 3 years



Course Overview

Be prepared for emergency first aid situations at work

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. Having the correct first aid provision in the workplace is not just a legal requirement, it is incredibly important for the safety of all members of staff!

The **Qualsafe Level 3 Award in Emergency First Aid at Work (RQF)** qualification is designed for individuals who wish to act as an emergency first aider in their workplace. Upon successful completion of this qualification, candidates will be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations.

As a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

What's Covered?

- The roles and responsibilities of an emergency first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and defibrillation
- Recovery Position
- Choking
- Seizures
- Shock
- Wounds and bleeding
- Minor injuries
  - Cuts, grazes and bruises
  - Minor burns and scalds

Note: The Emergency First Aid at Work content aligns with **Health and Safety Executive (HSE) syllabus**

Book Now with Holden Training

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